

JUNIORS - SENIORS

LIMITES TEMPS 2024 - 400 NL - JUNIORS SENIORS					LIMITES TEMPS 2024 - 800 NL - JUNIORS SENIORS				
ANNEE	CATEGORIES	SEXE	COURSE	TEMPS_LIMITE	ANNEE	CATEGORIES	SEXE	COURSE	TEMPS_LIMITE
2002	Seniors	F	400 NL	00:05:10.00	2002	Seniors	F	800 NL	00:10:30.00
2003	Seniors	F	400 NL	00:05:10.00	2003	Seniors	F	800 NL	00:10:30.00
2004	Seniors	F	400 NL	00:05:10.00	2004	Seniors	F	800 NL	00:10:30.00
2005	Seniors	F	400 NL	00:05:10.00	2005	Seniors	F	800 NL	00:10:30.00
2002	Seniors	M	400 NL	00:05:00.00	2002	Seniors	M	800 NL	00:10:00.00
2003	Seniors	M	400 NL	00:05:00.00	2003	Seniors	M	800 NL	00:10:00.00
2004	Seniors	M	400 NL	00:05:00.00	2004	Seniors	M	800 NL	00:10:00.00
2005	Seniors	M	400 NL	00:05:00.00	2005	Seniors	M	800 NL	00:10:00.00
2006	Juniors 5	F	400 NL	00:05:10.00	2006	Juniors 5	F	800 NL	00:10:30.00
2007	Juniors 4	F	400 NL	00:05:20.00	2007	Juniors 4	F	800 NL	00:10:50.00
2008	Juniors 3	F	400 NL	00:05:20.00	2008	Juniors 3	F	800 NL	00:10:50.00
2009	Juniors 2	F	400 NL	00:05:30.00	2009	Juniors 2	F	800 NL	00:11:20.00
2010	Juniors 1	F	400 NL	00:05:30.00	2010	Juniors 1	F	800 NL	00:11:20.00
2006	Juniors 5	M	400 NL	00:05:00.00	2006	Juniors 5	M	800 NL	00:10:00.00
2007	Juniors 4	M	400 NL	00:05:10.00	2007	Juniors 4	M	800 NL	00:10:30.00
2008	Juniors 3	M	400 NL	00:05:10.00	2008	Juniors 3	M	800 NL	00:10:30.00
2009	Juniors 2	M	400 NL	00:05:20.00	2009	Juniors 2	M	800 NL	00:10:50.00
2010	Juniors 1	M	400 NL	00:05:20.00	2010	Juniors 1	M	800 NL	00:10:50.00

LIMITES TEMPS 2024 - 1500 NL - JUNIORS SENIORS					LIMITES TEMPS 2024 - 400 4N - JUNIORS SENIORS				
ANNEE	CATEGORIES	SEXE	COURSE	TEMPS_LIMITE	ANNEE	CATEGORIES	SEXE	COURSE	TEMPS_LIMITE
2002	Seniors	F	1500 NL	00:20:00.00	2002	Seniors	F	400 4 N.	00:05:35.00
2003	Seniors	F	1500 NL	00:20:00.00	2003	Seniors	F	400 4 N.	00:05:35.00
2004	Seniors	F	1500 NL	00:20:00.00	2004	Seniors	F	400 4 N.	00:05:35.00
2005	Seniors	F	1500 NL	00:20:00.00	2005	Seniors	F	400 4 N.	00:05:35.00
2002	Seniors	M	1500 NL	00:19:00.00	2002	Seniors	M	400 4 N.	00:05:20.00
2003	Seniors	M	1500 NL	00:19:00.00	2003	Seniors	M	400 4 N.	00:05:20.00
2004	Seniors	M	1500 NL	00:19:00.00	2004	Seniors	M	400 4 N.	00:05:20.00
2005	Seniors	M	1500 NL	00:19:00.00	2005	Seniors	M	400 4 N.	00:05:20.00
2006	Juniors 5	F	1500 NL	00:20:00.00	2006	Juniors 5	F	400 4 N.	00:05:35.00
2007	Juniors 4	F	1500 NL	00:20:30.00	2007	Juniors 4	F	400 4 N.	00:05:50.00
2008	Juniors 3	F	1500 NL	00:20:30.00	2008	Juniors 3	F	400 4 N.	00:05:50.00
2009	Juniors 2	F	1500 NL	00:21:00.00	2009	Juniors 2	F	400 4 N.	00:06:05.00
2010	Juniors 1	F	1500 NL	00:21:00.00	2010	Juniors 1	F	400 4 N.	00:06:05.00
2006	Juniors 5	M	1500 NL	00:19:00.00	2006	Juniors 5	M	400 4 N.	00:05:20.00
2007	Juniors 4	M	1500 NL	00:19:30.00	2007	Juniors 4	M	400 4 N.	00:05:35.00
2008	Juniors 3	M	1500 NL	00:19:30.00	2008	Juniors 3	M	400 4 N.	00:05:35.00
2009	Juniors 2	M	1500 NL	00:20:00.00	2009	Juniors 2	M	400 4 N.	00:05:50.00
2010	Juniors 1	M	1500 NL	00:20:00.00	2010	Juniors 1	M	400 4 N.	00:05:50.00

