

SYNCHRONIZED SWIMMING PROGRAM

Day 1 (Day 1 in Synchro)

Saturday, 31 August 2013

01 10.00 h Solo - Technical Routine

02 18.00 h Team - Technical Routine

Day 2 (Day 2 in Synchro)

Sunday, 1 September 2013

03 10.00 h Duet - Technical Routine

04 18.00 h Team - Free Routine

Day 3 (Day 3 in Synchro)

Monday, 2 September 2013

05 10.00 h Solo - Free Routine

06 18.00 h Combination - Free Routine

Day 4 (Day 4 in Synchro)

Tuesday, 3 September 2013

07 10.00 h Duet - Free Routine